

### 簡介 Introduction

此檢查是簡單及非侵入性的，能測量尿速及瀦留尿量。

Uroflowmetry cum Bladder Scan is a simple non-invasive investigation for estimating the speed of urination and the post-voiding residual urine volume.

### 程序過程 The Procedure

1. 檢查前需喝大量清水直至有急小便的感覺。  
Take ample amount of water until the bladder is full with urge to pass urine.
2. 排小便於特定容器，以便量度排尿速度及排尿量。  
Void into a specially designed receptacle to gauge the speed of urination and urine volume.
3. 再用超聲波量度膀胱內瀦留的尿量。  
The volume of residual urine in the bladder is measured using an ultrasound scanner.

### 程序前準備 Pre-procedure Preparation

自備兩公升清水。

Please bring along two liters of water.

### 備註 Remarks

本單張只提供有關手術 / 程序的基本資料參考，可能發生的風險或併發症不能盡錄。個別病人的風險程度亦有不同。如有查詢，請聯絡你的醫生。

播道醫院保留一切刪改此單張之權利。如對本頁資料有查詢或意見，歡迎向醫護人員提出，以便跟進改善。

This is general information only and the list of complications is not exhaustive. Other unforeseen complications may occasionally occur. In special patient groups, the actual risk may be different. For further information please contact your doctor. Evangel Hospital reserves the right to amend this leaflet without prior notice. We welcome suggestions or enquiries on the information provided in this leaflet. Please contact our healthcare professionals so that we could follow up and make improvement.

### 參考資料 Reference

瑪麗醫院 Queen Mary Hospital: 《尿流速度及餘尿檢查 Uroflowmetry and Bladder Scan》(2017)

智友站 Smart Patient: <https://www21.ha.org.hk/smartpatient/SPW/MediaLibraries/SPW/SPWMedia/uroflowmetry-and-bladder-scan.pdf?ext=.pdf>  
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