

如同時使用兩種不同的眼藥水或眼藥膏,應相隔 約十五分鐘。

> If you are using two different eye drops or eye ointments, separate the doses by about 15 minutes.



## 注意 Note:

- 1. 眼藥水開蓋一個月後不可再使用。 Discard eye drops one month after first opening.
- 2. 切勿使用已變色或過期的眼藥水。 Never use discoloured or expired eye drops.
- 3. 為防止傳播細菌及避免耽誤病情,切勿與他人共用 眼藥水。

Do not share your eye drops with others to avoid transmission of bacteria and delay in treatment.

4. 療程期間切勿佩戴隱形眼鏡。 Do not wear contact lens during treatment.

- ■此藥物指引只供參考之用。 This information leaflet is for reference only.
- 用藥應按醫生指示。 Medicines should be used as directed by the doctor.
- 如有疑問請向主診醫生或藥劑師查詢。 For enquiry, please consult your doctor or pharmacist.
- ■切勿將自己的藥物給予他人服用。 Do not share your medicine with others.









How to Use Eye Drops



## 滴眼藥水<sub>使用方法</sub> How to Use **Eye Drops**

用清水及肥皂徹底清潔雙手。
Wash your hands thoroughly with soap and water.

將頭仰後,眼向上望,輕輕拉低下眼蓋成一袋形。

Tilt your head backwards, with your eyes looking upwards, gently pull down the lower eyelid to create a pouch.



3 滴一滴眼藥水在眼袋内,切勿讓藥水樽滴咀接 觸到眼睛,眼蓋或雙手。

Instill one drop into the pouch. Avoid touching the tip of the bottle against your eye, eyelid or hands.



引上眼睛數分鐘,同時用手指輕壓眼頭。

Close your eyes for a few minutes. Apply gentle pressure to the inner corner of your eye.



用紙巾擦去流出眼外的藥水。
Wipe off any eye drops running out of your eye with a tissue.



d 如須要使用超過一滴眼藥水,應相隔五分鐘。

If you are to use more than one drop, wait for 5 minutes before instilling the next drop.

