7 用紙巾擦去多餘的藥水。
Wipe off any excess ear drops with a tissue.

8 放回滴管或樽蓋並蓋好。
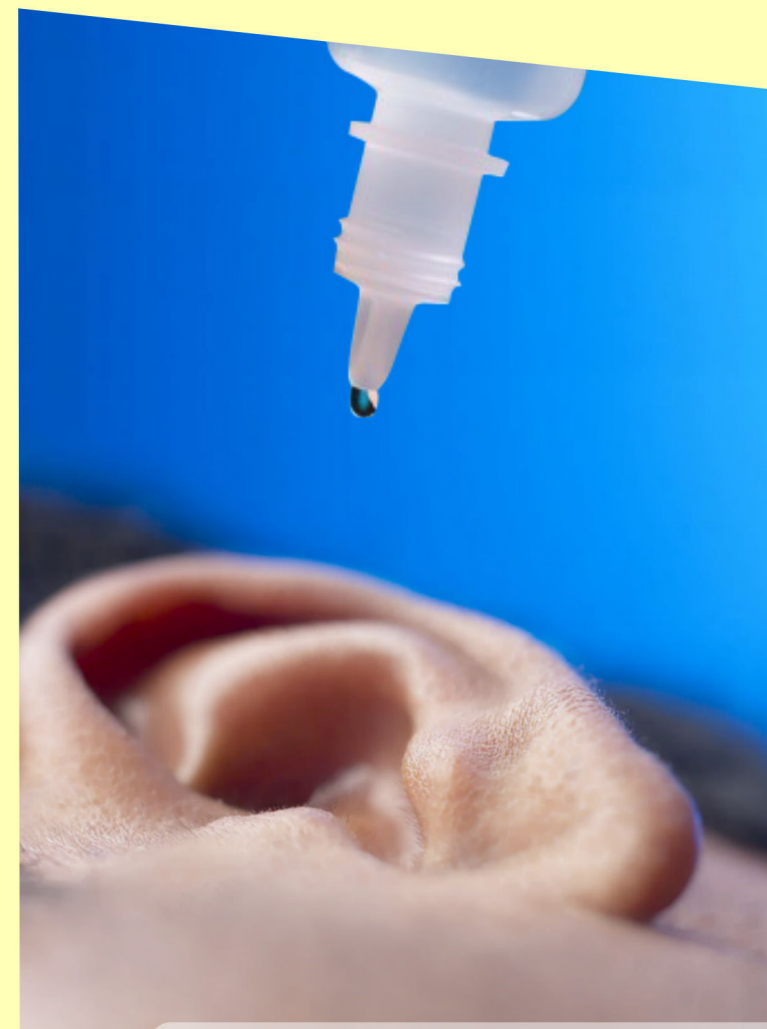Replace and tighten the dropper or cap right away.

注意 Note:

切勿使用已變色或過期的藥水。
Never use discoloured or expired ear drops.

- 此藥物指引只供參考之用。
  This information leaflet is for reference only.

- 用藥應按醫生指示。
  Medicines should be used as directed by the doctor.

- 如有疑問請向主診醫生或藥劑師查詢。
  For enquiry, please consult your doctor or pharmacist.

- 切勿將自己的藥物給予他人服用。
  Do not share your medicine with others.

全人醫治 盡心關懷
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滴耳藥水使用方法
How to Use Ear Drops

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滴耳藥水使用方法
How to Use
Ear Drops

1
用清水及肥皂徹底清潔雙手。
Wash your hands thoroughly with soap and water.

2
用水沾濕紙巾，然後清潔耳朵並抹乾。
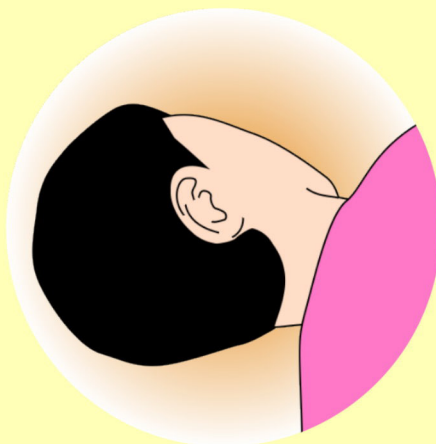Gently clean your ear with a damp tissue and then dry your ear.

3
將藥水樽握在手中約數分鐘，令藥水溫度較接近體溫。
Warm the ear drops to near body temperature by holding the bottle in the palm of your hands for a few minutes.
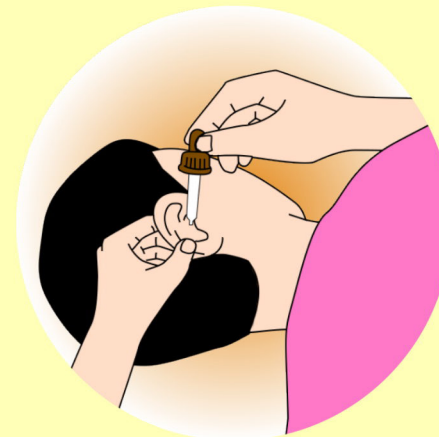
4
將頭傾側或身體側臥，耳朵向上，然後輕輕將耳朵向上及向後拉。
Tilt your head sideways or lie on your side with the affected ear facing upwards. Pull your ear backward and upward to open the ear canal.

5
按照醫生所處方之滴數，將藥水滴入耳內。
Instill the prescribed number of drops into your ear.

6
將耳珠向上下輕搖，可助藥水流入耳道。維持頭部傾側約數分鐘，以防藥水由耳朵流出。
Gently pull the ear lobe upwards and downwards to allow the drops to run into your ear canal. Keep your head tilted sideways for a few minutes to prevent the ear drops from running out of the ear.