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漱口後約30分鐘內，應盡量避免飲食，以免減低藥效。

Avoid eating and drinking for 30 minutes after using the mouthwash, as this will lessen its effectiveness.

注意 Note:

此乃漱口藥水，不可吞服；如不慎吞下小量藥水，一般都不會有大礙。如有疑問，應請教醫生。

Do not swallow mouthwash. If you accidentally swallowed a small amount, it does not pose any significant problems. Consult a doctor if in doubt.

漱口藥水使用方法 How to Use Mouthwash



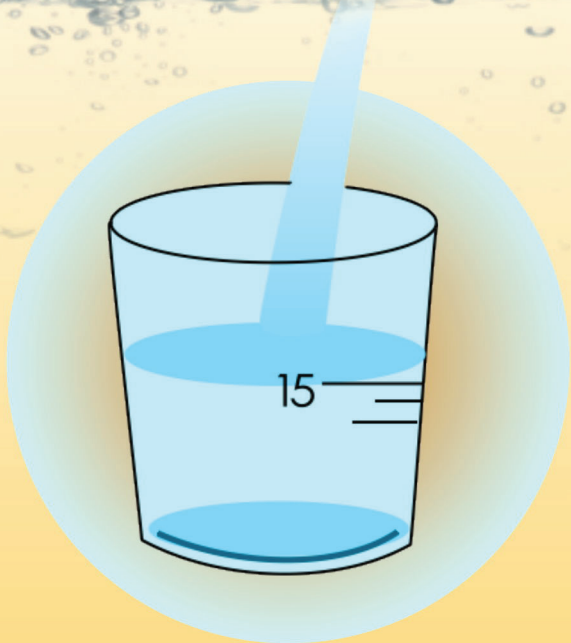
- 此藥物指引只供參考之用。
This information leaflet is for reference only.
- 用藥應按醫生指示。
Medicines should be used as directed by the doctor.
- 如有疑問請向主診醫生或藥劑師查詢。
For enquiry, please consult your doctor or pharmacist.
- 切勿將自己的藥物給予他人服用。
Do not share your medicine with others.



漱口藥水使用方法

How to Use Mouthwash

- 1 量出大約15毫升(即3茶匙)漱口藥水。
Measure out approximately 15mL (3 teaspoon) of mouthwash.



將藥水含於口中，並用力讓藥水在口腔內來回沖洗。
Hold the mouthwash in your mouth and swish it vigorously around inside.

2



然後仰首，將藥水含於喉頭，讓肺部呼出的空氣攪動藥水。

Tilt your head upwards. Hold the mouthwash at the top of the throat and let the air exhaled from your lung swish the mouthwash.

3



4

持續漱口約30秒，然後將藥水吐出。
Continue swishing for about 30 seconds. Then spit out the mouthwash.

