

心之安舒 始於 用心聆聽 情緒被看見 知天命

Peace of Mind begins with
Attentive Listening
Validation of Emotion
Knowledge of Vocation

心理評測及 輔導中心

Psychological Assessment & Counselling Centre

關於我們 About Us

播道醫院本著全人醫治的理念，在社區為鄰里提供服務。本中心透過專業的心理評測及輔導，幫助受導者認識其心理健康以及人際關係的狀況，化解內心困擾，從而在蛻變中成長。

Evangel Hospital is committed to providing holistic care to the neighbourhood in the community. Through professional psychological assessment and counselling, the Centre assists clients to gain better understanding of their mental health state and relational situations, to overcome struggles, and to work towards transformation and growth.

“在人生不同的過渡期中，
面對不同挑戰是常態，給自已一個空間，
在專業輔導員的同行下，聆聽自己內裡
的聲音，支取心靈力量，迎向明天。”

“We face different challenges
in different stages of life.
Leave some spaces for yourself
to listen to your inner voice and
to embrace the future with the strength of
your mind and soul via the company of
the professional counsellors.”

你要保守你的心，勝過保守一切，
Keep vigilant watch over your heart;

因為一生的果效是由心發出。
that's where life starts.

箴言 4:23 和合本 oververbs 4:23 MSG



播道醫院心理評測及輔導中心
Evangel Hospital Psychological Assessment & Counselling Centre
九龍土瓜灣宋皇臺道2號地下
G/F, 2 Sung Wong Toi Road, To Kwa Wan, Kowloon.





臨床心理學家 Clinical Psychologist

我們的臨床心理學家提供以下服務：

Our clinical psychologist provides the following services:

- **兒童及青少年發展性評測**
Developmental Assessment to Children & Adolescents
包括情緒、行為、智力、心理、社交發展、學習障礙、專注力。
Including Emotions, Behaviors, Intelligence, Psycho-social Developments, Learning Disabilities and Attention Functioning.
- **不同年齡層的心理評測及治療**
Psychological Assessment & Treatment for Different Age Groups

心理輔導員 Psychological Counsellor

我們的輔導團隊幫助受導者處理以下：

Our counselling team helps clients to cope with the following issues :

- **階段發展 Developmental Needs**
戀愛關係，婚前輔導，新婚適應，婚姻成長，新手父母適應，親職教育，照顧特殊需要學童，升學就業的抉擇，工作壓力，退休後的生活調適等。
Love relationships, pre-marital counselling, adaptation to marriage, growth in married life, adaptation in the role of parents, parenting, taking care of children with special needs, schooling and career choices, work stress, coping with retirement and etc.

● 危難困局 Difficult Circumstances

生活中的突發危機，關係衝突，重要的關係喪失。

Crises in life, relationship conflict and loss of significant others.

● 心理困擾 Psychological Distress

焦慮，抑鬱，恐懼，創傷後遺症及各種心理創傷等。

Anxiety, depression, panic and phobia, post-traumatic stress disorder, other emotional traumas and etc.

專業講座及工作坊

Seminars & Workshops

本中心樂意為學校、社團舉辦不同主題的專業心理講座或工作坊，歡迎查詢。

We are willing to hold different psychological seminars and workshops for schools and organizations.

Please feel free to contact us for any enquiries.

服務內容 Service Details

幫助受導者探索內在的資源，面對人生的挑戰，掌握解決問題的選項，把心理壓力化為成長動力。

We assist clients to face life challenges by exploring their inner resources, grasping pertinent solutions, transforming psychological stress into motivation for growth.

服務特色

Service Features

以基督教信仰及正向價值觀作基礎，透過接納、關懷、聆聽與同行，提供優質的專業輔導服務。

We provide quality professional counselling services through caring acceptance, and empathic listening, based on Christian faith and positive psychology.

服務對象 Service Targets

為兒童、青少年、成人、長者、夫婦及家庭提供心理諮詢、評測及治療。

We provide psychological counselling, assessment and treatment to children, adolescents, adults, the elderly, couples and families.

